PCC: How to easily calculate monthly weights.

All names on this report are fictitious to protect patient information. The images contained are from a Mac computer, if you use a PC and have difficulty with this tutorial, please contact me and we can walk through the process.

From NSI Portal  $\rightarrow$  Click "NSI Team Resource"  $\rightarrow$  Click "NSI Forms & Tools"  $\rightarrow$  Under Charting Tools click "Self Calculating Weight Report". This will down load the Excel sheet to your computer. Open the download and proceed to next step.

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Clinical  $\rightarrow$  Weights and Vitals Heading  $\rightarrow$  Click "Monthly Weight Report"  $\rightarrow$  Make NO changes to settings, Click "Run Report" When new window opens with Weight report, on your keyboard Hold down Control and Letter "A" (for PC) or Command and Letter "A" (for Mac). This will Select All. Right click your mouse, then select "Copy".

### Go back to your Excel sheet. Choose "Paste to Sheet" tab at the bottom.

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14	Camp, Rick	161.0 Lbs	158.0 Lbs	163.0 Lbs	165.0 Lbs	167.0 Lbs	158.0 Lbs	158.0 Lbs	154.0 Lbs	161.0 Lbs	162.0 Lbs	164.0 Lbs			
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22	Davidson, Dav	102.0 Lbs	101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 Lbs	112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs			
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26	Elliott, Gerdie	171.0 Lbs	166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 Lbs	160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs			
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1	Gray, Sandra	186.0 Lbs	181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 Lbs	182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs			
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8	Bel	, Linda	165.0 Lbs	164.0 Lbs	182.0 Lbs	204.0 Lbs	209.0 L	bs 219.0 Lbs	235.0 Lbs	242.0 Lbs	240.0 Lbs	240.0 Lbs	240.0 Lbs				
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22	Dav	idson, Dav	102.0 Lbs	101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 L	bs 112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs				
23																	
25			171.011								450.011		150.011				
26	Ello	xt, Gerdie	171.0 Lbs	166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 L	bs 160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs				
28																	
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1         2         3         4         5         6         7         8         9         10         11         12         13         14         15         16         17         18         19         20         21         22         23         24         25         26         27         28         29         30         31         32         33         34	Gra	y, Sandra	186.0 Lbs	181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 L	bs 182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs				
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Click on the Column header of patients names. This will highlight this column.

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1 2		Allby, Keith	201.0 Lbs	200.0 Lbs	202.0 Lbs	203.0 Lbs	203.0 Lbs	200.0 Lbs	196.4 Lbs	196.0 Lbs	190.0 Lbs	191.0 Lbs	189.0 Lbs			
3																
4		Smith, Gwenda	126 0 l ba	136.0 Lbs	135.0 Lbs	134.0 Lbs	135.0 Lbs	137.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	138.0 Lbs	140.0 Lbs			
6		Smith, Gwendu	130.0 LDS	130.0 Lbs	135.0 Lbs	134.0 LDS	135.0 Lbs	137.0 205	137.0 L05	135.0 Lbs	137.0 L05	130.0 L05	140.0 L05			
7																
8 9		Bell, Linda	165.0 Lbs	164.0 Lbs	182.0 Lbs	204.0 Lbs	209.0 Lbs	219.0 Lbs	235.0 Lbs	242.0 Lbs	240.0 Lbs	240.0 Lbs	240.0 Lbs			
10																
11 12																
13																
14 15		Camp, Rick	161.0 Lbs	158.0 Lbs	163.0 Lbs	165.0 Lbs	167.0 Lbs	158.0 Lbs	158.0 Lbs	154.0 Lbs	161.0 Lbs	162.0 Lbs	164.0 Lbs			
16																
17																
18 19		Crown, William										111.0 Lbs	111.0 Lbs			
20																
21 22		Davidson, Dav	102.0 L ba	101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 Lbs	112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs			
23		Davidson, Dav	102.0 L05	101.0 L05	100.0 Lbs	107.0 LDS	110.0 Lbs	112.0 L05	113.0 L05	120.0 L05	120.0 L05	124.0 L05	124.0 L05			
24																
25 26		Elliott, Gerdie	171.0 Lbs	166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 Lbs	160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs			
27																
28 29																
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31																
32 33		Gray, Sandra	186.0 Lbs	181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 Lbs	182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs			
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On the Home tab, look for Sort & Filter button. This may look different if you are using a PC.

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1 2	Allby,	Keith	201.0 Lbs	200.0 Lbs	202.0 Lbs	203.0 Lbs	203.0 Lbs	200.0 Lbs	196.4 Lbs	196.0 Lbs	190.0 Lbs	191.0 Lbs	189.0 Lbs			
3																
4	Smith	Gwanda	136.0 Lbs	136.0 Lbs	135.0 Lbs	134.0 Lbs	135.0 Lbs	137.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	138.0 Lbs	140.0 Lbs			
6	offici,	Gwenau	130.0 L05	130.0 L05	133.0 L05	134.0 L05	133.0 Lus	137.0 L05	137.0 L05	138.0 L05	137.0 L05	130.0 L05	140.0 L05			
7																
8 9	Bell, L	linda	165.0 Lbs	164.0 Lbs	182.0 Lbs	204.0 Lbs	209.0 Lbs	219.0 Lbs	235.0 Lbs	242.0 Lbs	240.0 Lbs	240.0 Lbs	240.0 Lbs			
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14	Camp,	Rick	161.0 Lbs	158.0 Lbs	163.0 Lbs	165.0 Lbs	167.0 Lbs	158.0 Lbs	158.0 Lbs	154.0 Lbs	161.0 Lbs	162.0 Lbs	164.0 Lbs			
15 16																
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18 19	Crown	n, William										111.0 Lbs	111.0 Lbs			
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21	Denid			104.011-					145.011-							
22 23	Davids	son, Dav	102.0 Lbs	101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 Lbs	112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs			
24																
25 26	Elliott	, Gerdie	171.0 Lbs	166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 Lbs	160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs			
27	Emorr,	Gerale	171.0 205	100.0 205	100.0 205	104.0 205	102.0 205	100.0 205	157.0 205	107.0 205	100.0 205	155.0 205	155.0 205			
28																
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32 33	Grave	Sandra	186.0 Lbs	181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 Lbs	182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs			
34	Gray,	Sandra	100.0 LDS	161.0 LDS	177.0 Lbs	174.0 LDS	177.0 Lbs	162.0 L05	176.2 LDS	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 L05			
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Click on Sort & Filter, then Choose Sort A to Z. A box may pop up and say Sort Warning and ask What do you want to do? With two options listed. Expand the selection OR Continue with the current selection. Choose "Expand the selection". Then click "Sort".

\*\*This will then sort the names alphabetically, taking all of their weights to the sorted line with the now alphabetized names and compacted lines.

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14	Camp, Rick	161.0 Lbs	158.0 Lbs	163.0 Lbs	165.0 Lbs	167.0 Lbs	158.0 Lbs	158.0 Lbs	154.0 Lbs	161.0 Lbs	162.0 Lbs	164.0 Lbs			
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18	Crown, William										111.0 Lbs	111.0 Lbs			
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21 22	Davidson, Dav	102.0 Lbs	101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 Lbs	112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs			
23															
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25 26	Elliott, Gerdie	171.0 Lbs	166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 Lbs	160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs			
27															
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33 34	Gray, Sandra	186.0 Lbs	181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 Lbs	182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs			
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	Allby, Keith	201.0 Lbs	200.0 Lbs	202.0 Lbs	203.0 Lbs	203.0 Lbs	200.0 Lbs	196.4 Lbs	196.0 Lbs	190.0 Lbs	191.0 Lbs	189.0 Lbs				
	Bell, Linda	165.0 Lbs	164.0 Lbs	182.0 Lbs	204.0 Lbs	209.0 Lbs	219.0 Lbs	235.0 Lbs	242.0 Lbs	240.0 Lbs	240.0 Lbs	240.0 Lbs				
	Camp, Rick	161.0 Lbs	158.0 Lbs	163.0 Lbs	165.0 Lbs	167.0 Lbs	158.0 Lbs	158.0 Lbs	154.0 Lbs	161.0 Lbs	162.0 Lbs	164.0 Lbs				
	Crown, William										111.0 Lbs	111.0 Lbs				
	Davidson, Dave	102.0 Lbs	101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 Lbs	112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs				
	Elliott, Gerdie	171.0 Lbs	166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 Lbs	160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs				
	Gray, Sandra	186.0 Lbs	181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 Lbs	182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs				
	Kemp, Annie	77.0 Lbs	76.0 Lbs	77.0 Lbs	77.0 Lbs	77.0 Lbs	77.0 Lbs	76.0 Lbs	77.0 Lbs	77.0 Lbs	78.0 Lbs	77.0 Lbs				
	Miller, Sam											114.2 Lbs				
	Parker, Carl			202.0 Lbs	211.0 Lbs	217.0 Lbs	211.0 Lbs	218.0 Lbs	219.0 Lbs	212.0 Lbs	208.0 Lbs	201.0 Lbs				
	Shaw, Joan	162.0 Lbs	161.0 Lbs	164.0 Lbs	166.0 Lbs	158.0 Lbs	156.0 Lbs	158.0 Lbs	157.0 Lbs	152.0 Lbs	154.0 Lbs	154.0 Lbs				
	Smith, Gwendo	136.0 Lbs	136.0 Lbs	135.0 Lbs	134.0 Lbs	135.0 Lbs	137.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	138.0 Lbs	140.0 Lbs				
	Thompson, Rut	226.0 Lbs	225.0 Lbs	224.0 Lbs	225.0 Lbs	225.0 Lbs	223.0 Lbs	223.0 Lbs	223.0 Lbs	219.0 Lbs	226.0 Lbs	225.0 Lbs				
	Watson, Patrici	142.0 Lbs	139.0 Lbs	141.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	130.4 Lbs	130.0 Lbs	131.0 Lbs	131.0 Lbs	133.0 Lbs				
	White, Harry	156.0 Lbs	158.0 Lbs	163.0 Lbs	164.0 Lbs	164.0 Lbs	158.0 Lbs	155.0 Lbs	151.0 Lbs	151.0 Lbs	153.0 Lbs	153.0 Lbs				
	Williams, Beatrie	ce						159.0 Lbs	158.0 Lbs	160.0 Lbs		163.0 Lbs				
	Wilson, Andrew	198.0 Lbs	203.0 Lbs	204.0 Lbs	216.0 Lbs	218.0 Lbs	217.0 Lbs	224.0 Lbs	229.0 Lbs	224.0 Lbs	229.0 Lbs	239.0 Lbs				
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		201.0 Lbs 165.0 Lbs	200.0 Lbs	202.0 Lbs	203.0 Lbs	203.0 Lbs 209.0 Lbs	200.0 Lbs	235.0 Lbs	242.0 Lbs	240.0 Lbs	240.0 Lbs	240.0 Lbs			
		161.0 Lbs	158.0 Lbs	163.0 Lbs	165.0 Lbs	167.0 Lbs	158.0 Lbs	158.0 Lbs	154.0 Lbs	161.0 Lbs	162.0 Lbs	164.0 Lbs			
	Crown, William	101.0 L08	130.0 L08	103.0 L08	103.0 L08	107.0 L05	130.0 L08	130.0 L05	134.0 L05	101.0 L05	162.0 Lbs	104.0 Lbs			
	Davidson, Dave	102.0 l be	101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 Lbs	112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs			
	Elliott, Gerdie		166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 Lbs	160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs			
	Gray, Sandra		181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 Lbs	182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs			
		77.0 Lbs	76.0 Lbs	77.0 Lbs	77.0 Lbs	77.0 Lbs	77.0 Lbs	76.0 Lbs	77.0 Lbs	77.0 Lbs	78.0 Lbs	77.0 Lbs			
	Miller, Sam											114.2 Lbs			
	Parker, Carl			202.0 Lbs	211.0 Lbs	217.0 Lbs	211.0 Lbs	218.0 Lbs	219.0 Lbs	212.0 Lbs	208.0 Lbs	201.0 Lbs			
		162.0 Lbs	161.0 Lbs	164.0 Lbs	166.0 Lbs	158.0 Lbs	156.0 Lbs	158.0 Lbs	157.0 Lbs	152.0 Lbs	154.0 Lbs	154.0 Lbs			
	Smith, Gwendo		136.0 Lbs	135.0 Lbs	134.0 Lbs	135.0 Lbs	137.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	138.0 Lbs	140.0 Lbs			
	Thompson, Rut		225.0 Lbs	224.0 Lbs	225.0 Lbs	225.0 Lbs	223.0 Lbs	223.0 Lbs	223.0 Lbs	219.0 Lbs	226.0 Lbs	225.0 Lbs			
	Watson, Patrici		139.0 Lbs	141.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	130.4 Lbs	130.0 Lbs	131.0 Lbs	131.0 Lbs	133.0 Lbs			
	White, Harry	156.0 Lbs	158.0 Lbs	163.0 Lbs	164.0 Lbs	164.0 Lbs	158.0 Lbs	155.0 Lbs	151.0 Lbs	151.0 Lbs	153.0 Lbs	153.0 Lbs			
	Williams, Beatri							159.0 Lbs	158.0 Lbs	160.0 Lbs		163.0 Lbs			
	Wilson, Andrew	198.0 Lbs	203.0 Lbs	204.0 Lbs	216.0 Lbs	218.0 Lbs	217.0 Lbs	224.0 Lbs	229.0 Lbs	224.0 Lbs	229.0 Lbs	239.0 Lbs			
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	Allby, Keith	201.0 Lbs	200.0 Lbs	202.0 Lbs	203.0 Lbs	203.0 Lbs	200.0 Lbs	196.4 Lbs	196.0 Lbs	190.0 Lbs	191.0 Lbs	189.0 Lbs			
	Bell, Linda	165.0 Lbs	164.0 Lbs	182.0 Lbs	204.0 Lbs	209.0 Lbs	219.0 Lbs	235.0 Lbs	242.0 Lbs	240.0 Lbs	240.0 Lbs	240.0 Lbs			
	Camp, Rick	161.0 Lbs	158.0 Lbs	163.0 Lbs	165.0 Lbs	167.0 Lbs	158.0 Lbs	158.0 Lbs	154.0 Lbs	161.0 Lbs	162.0 Lbs	164.0 Lbs			
	Crown, William										111.0 Lbs	111.0 Lbs			
	Davidson, Dav		101.0 Lbs	108.0 Lbs	107.0 Lbs	110.0 Lbs	112.0 Lbs	115.0 Lbs	120.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs			
	Elliott, Gerdie	171.0 Lbs	166.0 Lbs	166.0 Lbs	164.0 Lbs	162.0 Lbs	160.0 Lbs	157.0 Lbs	157.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs			
	Gray, Sandra	186.0 Lbs	181.0 Lbs	177.0 Lbs	174.0 Lbs	177.0 Lbs	182.0 Lbs	178.2 Lbs	173.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs			
	Kemp, Annie	77.0 Lbs	76.0 Lbs	77.0 Lbs	77.0 Lbs	77.0 Lbs	77.0 Lbs	76.0 Lbs	77.0 Lbs	77.0 Lbs	78.0 Lbs	77.0 Lbs			
	Miller, Sam											114.2 Lbs			
	Parker, Carl			202.0 Lbs	211.0 Lbs	217.0 Lbs	211.0 Lbs	218.0 Lbs	219.0 Lbs	212.0 Lbs	208.0 Lbs	201.0 Lbs			
	Shaw, Joan	162.0 Lbs	161.0 Lbs	164.0 Lbs	166.0 Lbs	158.0 Lbs	156.0 Lbs	158.0 Lbs	157.0 Lbs	152.0 Lbs	154.0 Lbs	154.0 Lbs			
	Smith, Gwendo	136.0 Lbs	136.0 Lbs	135.0 Lbs	134.0 Lbs	135.0 Lbs	137.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	138.0 Lbs	140.0 Lbs			
	Thompson, Rut	226.0 Lbs	225.0 Lbs	224.0 Lbs	225.0 Lbs	225.0 Lbs	223.0 Lbs	223.0 Lbs	223.0 Lbs	219.0 Lbs	226.0 Lbs	225.0 Lbs			
	Watson, Patric	142.0 Lbs	139.0 Lbs	141.0 Lbs	137.0 Lbs	139.0 Lbs	137.0 Lbs	130.4 Lbs	130.0 Lbs	131.0 Lbs	131.0 Lbs	133.0 Lbs			
	White, Harry	156.0 Lbs	158.0 Lbs	163.0 Lbs	164.0 Lbs	164.0 Lbs	158.0 Lbs	155.0 Lbs	151.0 Lbs	151.0 Lbs	153.0 Lbs	153.0 Lbs			
	Williams, Beatr	ice						159.0 Lbs	158.0 Lbs	160.0 Lbs		163.0 Lbs			
'	Wilson, Andrew	198.0 Lbs	203.0 Lbs	204.0 Lbs	216.0 Lbs	218.0 Lbs	217.0 Lbs	224.0 Lbs	229.0 Lbs	224.0 Lbs	229.0 Lbs	239.0 Lbs			
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1 Allby, Keith 20	6.0 Lbs	190.0 Lbs	191.0 Lbs	189.0 Lbs			
2 Bell, Linda 16 Find what:	2.0 Lbs	240.0 Lbs	240.0 Lbs	240.0 Lbs			
3 Camp, Rick 16 4 Crown, William	64.0 Lbs	161.0 Lbs	162.0 Lbs 111.0 Lbs	164.0 Lbs 111.0 Lbs			
	0.0 Lbs	120.0 Lbs	124.0 Lbs	124.0 Lbs			
6 Elliott Gardia 17 Within: Sheet	7.0 Lbs	153.0 Lbs	155.0 Lbs	153.0 Lbs			
7 Gray, Sandra 18 Search: By Rows	'3.0 Lbs	175.0 Lbs	175.0 Lbs	177.0 Lbs			
8 Kemp, Annie 77	.0 Lbs	77.0 Lbs	78.0 Lbs	77.0 Lbs			
9 Miller, Sam		040.011	000.011	114.2 Lbs			
10 Parker, Carl 11 Shaw, Joan 16	19.0 Lbs	212.0 Lbs 152.0 Lbs	208.0 Lbs 154.0 Lbs	201.0 Lbs 154.0 Lbs			
12 Smith, Gwendo 13 Replace with:	9.0 Lbs	137.0 Lbs	138.0 Lbs	140.0 Lbs			
13 Thompson, Rut 22	3.0 Lbs	219.0 Lbs	226.0 Lbs	225.0 Lbs			
14 Watson, Patrici 14	0.0 Lbs	131.0 Lbs	131.0 Lbs	133.0 Lbs			
15 White, Harry 15 16 White, Harry 15 Replace Replace All Close Find Next	1.0 Lbs	151.0 Lbs	153.0 Lbs	153.0 Lbs			
10 Williams, Beatrice	8.0 Lbs	160.0 Lbs		163.0 Lbs			
17 Wilson, Andrew 19 18	29.0 Lbs	224.0 Lbs	229.0 Lbs	239.0 Lbs			
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5	Davidson, Dave	102	101	108	107	110	112	115	120	120	124	124			
6	Elliott, Gerdie	171	166	166	164	162	160	157	157	153	155	153			
7	Gray, Sandra	186	181	177	174	177	182	178.2	173	175	175	177			
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11	Shaw, Joan	162	161	164	166	158	156	158	157	152	154	154			
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13	Thompson, Rut	226	225	224	225	225	223	223	223	219	226	225			
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This is how your sheet should now look. The right 6 columns will automatically calculate weight changes for 30, 90, and 180 days in pounds and percent. The sheet will also automatically highlight significant weight gains in yellow and significant weight losses as a negative number in red. You can also see that when there is not data in a cell the calculation has a error----- (shown as #DIV/0!)

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1														30-			day	180	
2	Allby, Keith	201	200	202	203	203	200	196.4	196	205	191	189	188	-1.0	-0.5	-17.0	-8.3%	-12.0	6.0%
3	Bell, Linda	165	164	182	204	209	219	235	242	240	240	240	245	5.0	2.1%	5.0	2.1%	26.0	11.9%
4 5	Camp, Rick	161	158	163	165	167	158	158	154	161	162	164	165	1.0	0.6%	4.	2.5%	7.0	4.4%
6	Crown, William Davidson, Dave	102	101	108	107	110	112	115	120	120	111	111 124	113 122	2.0	1.8%	113.0	#DIV/0! 1.7%	113.0 10.0	#DIV/0! 8.9%
7	Elliott, Gerdie	102	101	108	107	110	112	115	120	120	124	124	122	-2.0	4.6%	2.0	1.7%	0.0	0.0%
8	Gray, Sandra	186	181	100	174	177	182	178.2	173	175	175	177	174	-3.0	-1.7%	-1.0	-0.6%	-8.0	-4.4%
9	Kemp, Annie	77	76	77	77	77	77	76	77	77	78	77	80	3.0	3.9%	3.0	3.9%	3.0	3.9%
10	Miller, Sam											114.2	118	3.8	3.3%	118.0	#DIV/0!	118.0	#DIV/0!
11	Parker, Carl			202	211	217	211	218	219	212	208	201	204	3.0	1.5%	-8.0	-3.8%	-7.0	-3.3%
12	Shaw, Joan	162	161	164	166	158	156	158	157	152	154	154	155	1.0	0.6%	3.0	2.0%	-1.0	-0.6%
13	Smith, Gwendo	136	136	135	134	135	137	137	139	137	138	140	143	3.0	2.1%	6.0	4.4%	6.0	4.4%
14	Thompson, Rut	226	225	224	225	225	223	223	223	219	226	225	223	-2.0	-0.9%	4.0	1.8%	0.0	0.0%
15	Watson, Patrici	142	139	141	137	139	137	130.4	130	131	131	133	135	2.0	1.5%	4.0	3.1%	-2.0	-1.5%
16	White, Harry	156	158	163	164	164	158	155	151	151	153	153	150	-3.0	-2.0%	-1.0	-0.7%	-8.0	-5.1%
17	Williams, Beatric							159	158	160		163	160	-3.0	-1.8%	0.0	0.0%	160.0	#DIV/0!
18	Wilson, Andrew	198	203	204	216	218	217	224	229	224	229	239	233	-6.0	-2.5%	9.0	4.0%	16.0	7.4%
19														0.0	#DIV/0!	0.0	#DIV/0!	0.0	#DIV/0!
20									4					0.0	#DIV/0!	0.0	#DIV/0!	0.0	#DIV/0!
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25														0.0	#DIV/0!	0.0	#DIV/0!	0.0	#DIV/0!
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On this sheet there is room for 55 patients. If you have more patients, you will need to add additional formulas lines. Select the last row of boxes with calculations in them. When select these you will see a Green box with a small square in the lower right corner.

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ay, sanura	100	101		174		102	1/0.2	1/3	1/3	1/5		174	-5.0	-1.7%	-1.0	-0.0%	-8.0	-4.470
emp, Annie	77	76	77	77	77	77	76	77	77	78	77	80	3.0	3.9%	3.0	3.9%	3.0	3.9%
ler, Sam											114.2	118	3.8	3.3%	118.0	#DIV/0!	118.0	#DIV/0!
rker, Carl			202	211	217	211	218	219	212	208	201	204	3.0	1.5%	-8.0	-3.8%	-7.0	-3.3%
aw, Joan	162	161	164	166	158	156	158	157	152	154	154	155	1.0	0.6%	3.0	2.0%	-1.0	-0.6%
hith, Gwendo	136	136	135	134	135	137	137	139	132	138	140	143	3.0	2.1%	6.0	4.4%	6.0	4.4%
ompson, Rut	226	225	224	225	225	223	223	223	219	226	225	223	-2.0	-0.9%	4.0	1.8%	0.0	0.0%
atson, Patrici	142	139	141	137	139	137	130.4	130	131	131	133	135	2.0	1.5%	4.0	3.1%	-2.0	-1.5%
hite, Harry	156	158	163	164	164	158	155	151	151	153	153	150	-3.0	-2.0%	-1.0	-0.7%	-8.0	-5.1%
lliams, Beatric							159	158	160		163	160	-3.0	-1.8%	0.0	0.0%	160.0	#DIV/0
lison, Andrew	198	203	204	216	218	217	224	229	224	229	239	233	-6.0	-2.5%	9.0	4.0%	16.0	7.4%
rker, Carl		200	204	210	210	217	218	219	212	208	203	204	0.0	1.370	5.0	4.075	10.0	7.470
aw, Joan	162	161	202	211	158	156	158	157	152	208	201	155						
aw, Joan hith, Gwendo	162	136	104	134	135	130	138	137	152	134	154	143						
ompson, Rut	226	225	224	225	225	223	223	223	219	226	225	223						
atson, Patrici	142	139	141	137	139	137	130.4	130	131	131	133	135						2
hite, Harry	142	158	141	164	164	157	150.4	150	151	153	153	150				H H	age	3
illiams, Beatric		130	103	104			159	158	160	133	163	160					-	
illarris, beatric ilson, Andrew	198	203	204	216	218	217	224	229	224	229	239	233						
ISON, ANDION	100	200	204	210	210	2.1	224	225	224	220	235	200						
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eady								Average:	3.2 Co	ount: 6 Sur	m: 19.1			л –		0	- +	100%

Click on the small square in the lower right corner, and Drag it downward to the number of patients. This will copy the formulas from the rows selected and now calculate all the weight changes.

This should complete the weight calculation report.